

## Together, we can reshape the future of community transportation.

For many of us, how we think about mobility—our access to it and our ability to pay for it—has helped define who we are as individuals, our place in the world around us, and as a society.

But what if we challenged ourselves to think about it differently? What if we planned to use transportation more efficiently? What if we asked ourselves not to feel that some forms of transportation are inferior to others and focused instead on using available resources wisely? What if stopping driving at a certain age did not necessarily mean losing your independence?

Through our Travel Counseling Center and Community Education Workshops, we're helping people think about transportation differently.

To learn more about this project or to request a presentation to a group in your community, call GLSS at 781.599.0110.

### Services available through GLSS:

- **Information and referral.** With one phone call, you can find the answers to many questions.
- **Help in your home.** Help with personal care, chores, and more...to help you maintain your independence.
- **Meals.** Tasty, nutritious, affordable. Served at more than a dozen “community cafés” or delivered by Meals on Wheels.
- **Transportation.** Rides door-to-door, to medical appointments for people 60 and older, or to anywhere for anyone with a doctor-certified disability.
- **Housing.** Each year, GLSS finds safe and affordable housing for elders, including many who have lost their homes.
- **Protection for elders.** We investigate and intervene in instances of elder abuse and neglect. GLSS also regularly visits every area nursing and rest home to protect patients’ rights.

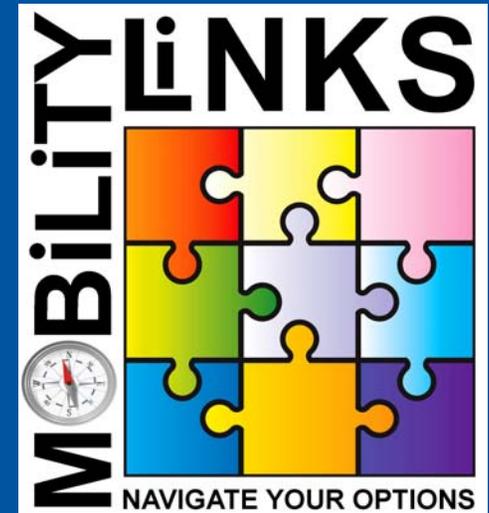
### Credits

This project is made possible through a grant from the Federal Transit Administration and is offered in conjunction with Greater North Shore *On the Move!*



**Greater Lynn Senior Services**  
8 Silsbee Street Lynn, MA 01901 [www.glss.net](http://www.glss.net)

# Need help navigating transportation options in your community?



## CALL US.

## WE'LL HELP YOU PUT THE PIECES TOGETHER.



**Greater Lynn Senior Services**



# MobilityLinks gives you the tools to remain active and independent by better understanding how to access, tap into, and wisely utilize the local transportation network.

## What is the Travel Counseling Center?

The Travel Counseling Center is staffed by GLSS personnel, who maintain a database of transportation options available on the North Shore. Our friendly, reliable staff can help you explore and map all your transportation options, both public and private, free and for-fee services.

## Who can call the Center?

Initially, this is a pilot for the residents of Essex and Center Village in Lynnfield. After the pilot, anyone of any age who needs information about transportation options can call.

## Does it cost anything?

No. The call and information are free of charge.

## How does it work?

You call the Center and leave a message about your transportation needs. Within 24 hours, you will receive a telephone call from a Travel Counselor, providing you with information about available transportation options—including the cost, if any—that can meet your specific travel needs.

## Who arranges the transportation?

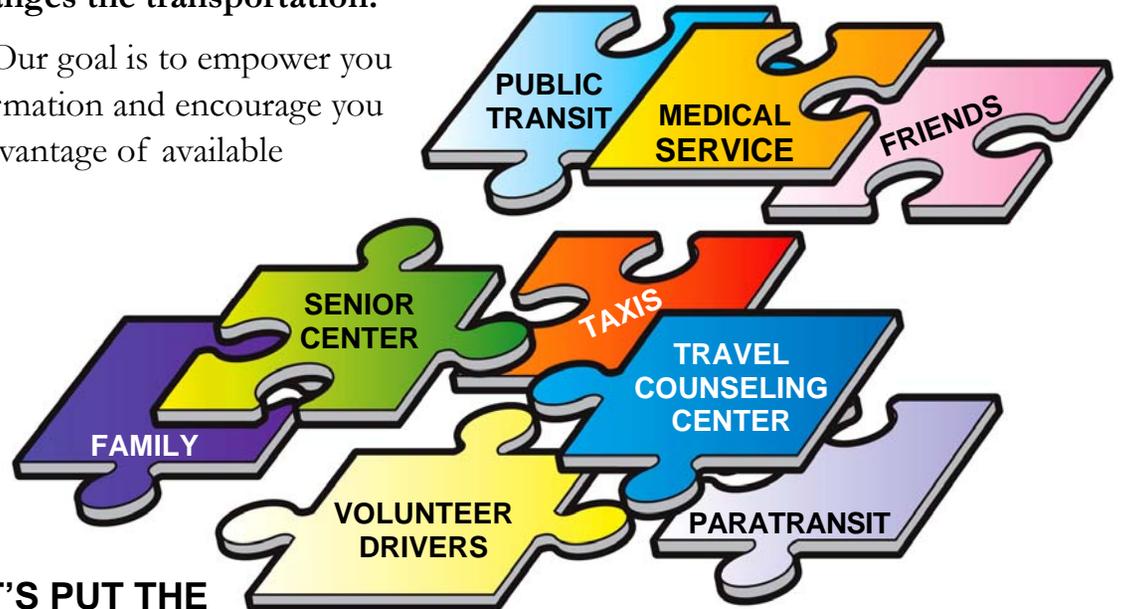
You do. Our goal is to empower you with information and encourage you to take advantage of available resources.

## Why should I participate?

You can help us identify where gaps currently exist in the local transportation system.

## How can I learn more ?

Join us at an upcoming community education workshops!



**LET'S PUT THE  
PIECES TOGETHER.**

Some or all of these options may be available in your community.